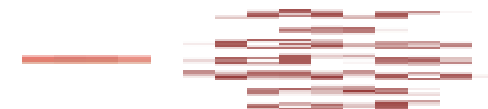


St Robert Bellarmine Catholic Primary School

Curriculum Map: *PSHE*



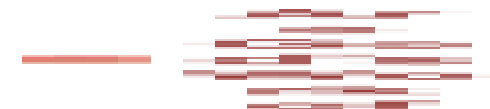
NURSERY

	AUTUMN 1		AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
A Journey in Love	SOCIAL & EMOTIONAL To recognise the joy of being a special person in my family			SPIRITUAL To celebrate the joy of being a special person in God's family		PHYSICAL To recognise that we are all different and unique	
P.S.H.E Themes	Settling in Making Friends Myself & My Family Z of R	Mission Statement School Rules	Friendship Fortnight	Multicultural celebration – Chinese New Year Safer Internet Day	Growing and Changing New Life - Easter		Healthy and Active Fortnight
PSED objectives linked to Development Matters 3 – 4 year olds	Select and use activities and resources, with help when needed. Develop their sense of responsibility and membership of a community. Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations. Play with one or more other children, extending and elaborating play ideas. Help to find solutions to conflicts and rivalries. Increasingly follow rules, understanding why they are important. Do not always need an adult to remind them of a rule. Develop appropriate ways of being assertive. Talk with others to solve conflicts. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Begin to understand how others might be feeling.						

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RECEPTION

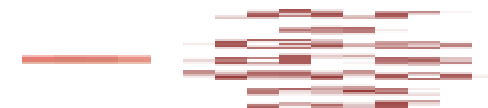


	AUTUMN 1		AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
A Journey in Love	SOCIAL & EMOTIONAL To recognise the joy of being a special person in my family			SPIRITUAL To celebrate the joy of being a special person in God's family		PHYSICAL To recognise that we are all different and unique	
All Are Welcome	YOU CHOOSE To learn what we think and give a reason why.		RED ROCKETS AND RAINBOW JELLY To learn that it is okay to like different things.	BLUE CHAMELEON To learn that it is good to make friends with someone who is different.	THE FAMILY BOOK To learn that families are different.	MOMMY, MAMA AND ME To learn that we should celebrate our family.	
P.S.H.E Themes	Settling in Making Friends Myself & My Family Z of R	Mission Statement School Rules	Friendship Fortnight	Multicultural celebration – Chinese New Year Safer Internet Day	Growing and Changing New Life - Easter		Healthy and Active Fortnight
PSED ELG objectives linked to Development Matters	Self-Regulation: Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. Managing Self: Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. Building Relationships: Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.						

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YEAR 1



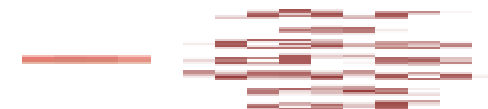
	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		SUMMER 1		SUMMER 2			
A Journey in Love	SOCIAL & EMOTIONAL To recognise signs that I am loved in my family.				SPIRITUAL To celebrate ways that God loves and cares for us.				PHYSICAL					
All Are Welcome	ELMER To know the ways in which we are different.		TEN LITTLE PIRATES To know that boys and girls can play together.		MY GRANDPA IS AMAZING To recognise that people are different ages.		MAX THE CHAMPION To know that everyone is different and you can't always see the difference.		MY WORLD, YOUR WORLD To understand that we share the world with different people.					
P.S.H.E Association	KEEPING SAFE How rules and age restrictions help us; keeping safe online PoS Refs:H28,H34		RESPECTING OURSELVES AND OTHERS How behaviour affects others; being polite and respectful PoS Refs:R21,R22		GROWING AND CHANGING Recognising what makes us unique and special; feelings; managing when things go wrong PoS Refs: H11, H12,H13,H14,H15, H21,H22,H23,H24		SAFE RELATIONSHIPS Recognising privacy; staying safe; seeking permission PoS Refs:R10,R13,R15,R16,17		FAMILIES AND FRIENDSHIP Roles of different people; families; feeling cared for PoS Refs:R1,R2,R3,R4,R5		PHYSICAL HEALTH AND MENTAL WELL-BEING Keeping healthy; food and exercise, hygiene routines; sun safety PoS Refs:H1,H2,H3,H5,H8,H9,H10		MONEY AND WORK Strengths and interests; jobs in the community PoS Refs: L14,L16,L17	

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YEAR 2

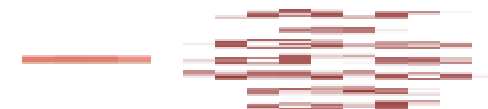


	AUTUMN 1		AUTUMN 2		SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
A Journey in Love	SOCIAL & EMOTIONAL To describe how we are growing and developing in diverse communities that are God-given.				SPIRITUAL To celebrate ways of meeting God in our communities		PHYSICAL To describe ways of being safe in communities	
All Are Welcome	THE GREAT BIG BOOK OF FAMILIES To understand what diversity is				THE FIRST SLODGE Understand how we share the world		JUST BECAUSE To feel proud of being different	
P.S.H.E Association	FAMILIES & FRIENDSHIP Making friends; feeling lonely and getting help PoS Refs: R6, R7 R8, R9, R24	PHYSICAL HEALTH & MENTAL WELL BEING Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help PoS Refs: H4, H6, H7, H16, H17, H18, H19, H20	MONEY & WORK What money is; needs and wants; looking after money PoS Refs: L10, L11, L12, L13, L15	RESPECTING OURSELVES & OTHERS Recognising things in common and differences; playing and working cooperatively; sharing opinions PoS Refs: R23, R24, R25	SAFE RELATIONSHIPS Managing secrets; resisting pressure and getting help; recognising hurtful behaviour PoS Refs: R11, R12, R14, R18, R19, R20	GROWING & CHANGING Growing older; naming body parts; moving class or year PoS Refs: H20, H25, H26, H27	KEEPING SAFE Safety in different environments; risk and safety at home; emergencies PoS Refs: H29, H30, H31, H32, H33, H35, H36, H27	

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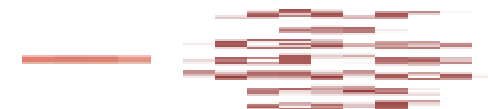
YEAR 3

	AUTUMN 1	AUTUMN 2		SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
A Journey in Love	SOCIAL & EMOTIONAL To describe and give reasons how friendships make us feel happy and safe			SPIRITUAL To celebrate the joy and happiness of living in friendship with God and others		PHYSICAL To describe and give reasons why friendships can break down, how they can be repaired and strengthened	
All Are Welcome	OLIVER Understand how difference can affect people			TWO MONSTERS Learn to find a problem to a solution		THIS IS OUR HOUSE Understand what discrimination means	
P.S.H.E Association	FAMILIES & FRIENDSHIP What makes a family; features of family life PoS Refs: R1, R6, R7, R8, R9	PHYSICAL HEALTH AND MENTAL WELL-BEING Health choices and habits; what affects feelings; expressing feelings PoS Refs: H1, H2, H3, H4, H6, H7, H17, H18, H19	MONEY & WORK Different jobs and skills; job stereotypes; setting personal goals PoS Refs: L25, L26, L27, L30	RESPECTING OURSELVES & OTHERS Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite PoS Refs: R30, R31	SAFE RELATIONSHIPS Personal boundaries; safely responding to others; the impact of hurtful behaviour PoS Refs: R19, R22, R24, R30	GROWING & CHANGING Personal strengths and achievements; managing and reframing setbacks PoS Refs: H27, H28, H29	KEEPING SAFE Risks and hazards; safety in the local environment and unfamiliar places PoS Refs: H38, H39, H41

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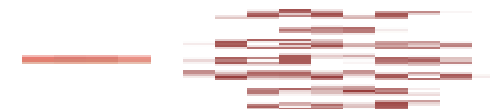
YEAR 4

	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		SUMMER 1		SUMMER 2			
A Journey in Love	SOCIAL & EMOTIONAL To describe how we should all be accepted and respected				SPIRITUAL To celebrate the uniqueness and innate beauty of each of us				PHYSICAL To describe how we should treat others making links with the diverse modern society we live in.					
All Are Welcome	DOGS DON'T DO BALLET To know when to be assertive				KING & KING Understand why people choose to marry				RED: A CRAYON'S STORY To be who you want to be					
P.S.H.E Association	FAMILIES & FRIENDSHIP Positive friendships, including those online PoS Refs: R10, R11, R12, R13, R18		PHYSICAL HEALTH & MENTAL WELL BEING Maintaining a balanced lifestyle; oral hygiene and dental care PoS Refs: H2, H5, H11		SAFE RELATIONS HIPS Responding to hurtful behaviour; managing confidentiality ; recognising risks online PoS Refs: R20, R23, R27, R28		KEEPING SAFE Medicines and household products; drugs common to everyday life PoS Refs: H10, H38, H40, H46		MONEY & WORK Making decisions about money; using and keeping money safe PoS Refs: L17, L19 L20, L21		GROWING & CHANGING Personal identity; recognising individuality and different qualities; mental wellbeing PoS Refs: H16, H25, H26, H27		RESPECTING OURSELVES & OTHERS Respecting differences and similarities; discussing difference sensitively PoS Refs: R32, R33	

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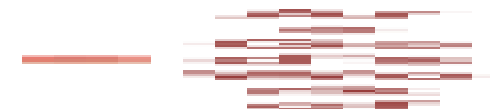
YEAR 5

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2	
A Journey in Love	SOCIAL & EMOTIONAL To show knowledge an understanding of emotional relationship changes as we grow and develop		SPIRITUAL To celebrate the joy of growing physically and spiritually		PHYSICAL To show knowledge and understanding of the physical changes in puberty		
All Are Welcome	HOW TO HEAL A BROKEN WING To recognise when someone needs help.		ROSE BLANCHE To justify our actions		AND TANGO MAKES THREE To understand that people are different to them and that they must show respect.		
P.S.H.E Association	RESPECTING OURSELVES & OTHERS Responding respectfully to a wide range of people; recognising prejudice and discrimination PoS Refs: R20,R21,R31,R33	FAMILIES AND FRIENDSHIPS Managing friendships and peer influence PoS Refs: R14,R15,R16,R17,R18,R26	SAFE RELATIONSHIPS Physical contact and feeling safe PoS Refs: R9, R25, R26, R27, R29	PHYSICAL HEALTH & MENTAL WELL-BEING. Healthy sleep habits; sun safety PoS Refs: H8, H9, H10, H12	GROWING & CHANGING Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty PoS Refs: H16, H25, H26, H27	KEEPING SAFE Keeping safe in different situations, including responding in emergencies, first aid PoS Refs: H38, H43, H44, H45	MONEY AND WORK Identifying job interests and aspirations; what influences career choices; workplace stereotypes PoS Refs: L27, L28, L29, L31, L32

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YEAR 6

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2	
A Journey in Love	SOCIAL & EMOTIONAL To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.		SPIRITUAL To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.		PHYSICAL To explain how human life is conceived.		
All Are Welcome	MY PRINCESS BOY Promoting Diversity		THE ISLAND Belonging to a community Challenging the causes of racism		DREAMS OF FREEDOM Understanding Freedom		
P.S.H.E Association	PHYSICAL HEALTH AND MENTAL WELL-BEING What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online PoS Refs: H13, H14, H15, H20, H21, H22, H23, H24	SAFE RELATIONSHIPS Recognising and managing pressure; consent in different situations PoS Refs: R26, R28, R29	RESPECTING OURSELVES AND OTHERS Expressing opinions and respecting other points of view, including discussing topical issues PoS Refs: R30, R34	MONEY & WORK Influences and attitudes to money; money and financial risks PoS Refs: L18, L22, L23, L24	FAMILIES AND FRIENDSHIPS Attraction to others; romantic relationships; civil partnership and marriage (See Journey in Love) PoS Refs: R1, R2, R3, R4, R5, R7	KEEPING SAFE Keeping personal information safe; being influenced by others; regulations and choices; medicines, vaccinations, immunisations and allergies; drug use and the law; drug use and the media PoS Refs: H37, H42, H46, H47, H48, H49, H50	GROWING AND CHANGING Human reproduction and birth; increasing independence; managing transitions PoS Refs: H24, H33, H35, H36

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